



Winona

Working to become
Dementia Friendly



Ways to engage youth & young adults in a Dementia Friendly Community:

Forget Me Notes chorus



Member of
giving voice chorus
initiative

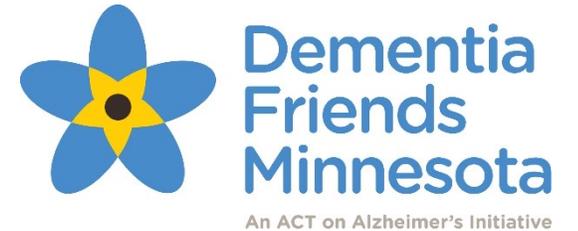
Goal: To celebrate the creative potential of people living with memory loss & their care partners.

What: A *real choral experience* for people who love to sing!



Goal: A stigma free social gathering for people living with memory loss & their care partners.

What: A safe and welcoming space where individuals with memory loss and their care partners can *socialize, engage* in meaningful activities, *exchange* information, and *support* one another. Most importantly Memory Cafés offer opportunities for individuals to connect with others experiencing similar things.



What: Dementia Friends is a global movement that is changing the way people *think, act, and talk* about dementia. As Winona continues to work on becoming a Dementia Friendly Community, Dementia Friends will help Winona be a safe and supportive community for all.